

Name: Ian Clarke

Age: 18

Hometown: Killington, VT

Sponsors: Salomon, First Stop Board Barn, Teton Bros

Website: No website as of now, but you should definitely follow me on Strava. Its basically my website.

Facebook Athlete Profile: Just add me as a friend on my personal account. Ian Clarke

Instagram: @i.clarke

Home club/team: UVM Skimo and Backcountry Team

What racing accomplishments are you most proud of in the last 5 years? Probably my first win at the CTA Wednesday night series

How/when did you start being an endurance athlete? I grew up alpine ski racing and started biking in the summer for dry-land training. I started racing on the road for my school and just loved the long adventures and constant travels.

Favorite U.S. Skimo Race: Any Wednesday night at the Green Mountain Skimo Citizen series.

What are your nutrition principles? Vegetarian. Meat is slow. Although every time I win a raffle at the Green Mountain Skimo Citizens series, it's the Chili with Beef or a package of meat sticks.

Favorite training venue: Killington and Pico Mountain Resort, VT

What are your favorite mantras during a race or hard workout? "Shut up legs! Do what I tell you!" -Jens Voigt

What do you do in the summer to train for skimo: Road Bike Racing

Other than your race gear, what are three things you pack for racing trips? 1) School work 2) Phone Charger 3) Film Camera

What inspires you? I just love traveling in the mountains; be it on skis or bike, so just going on an adventure is enough. And Kilian Jornet.

What do you do to relax? Exercising is my relaxation.

What else should we know about you? I'm the treasurer of the UVM Skimo and Backcountry Team.