



National Team Athlete Profile:

Name: Connor Albin

Age: 17

Hometown: Breckenridge, Colorado

Sponsors: None yet

Website: N/A

Facebook Athlete Profile:

Instagram: @connor12345657

Home club/team: Summit Endurance Academy / Summit Skimo

What racing accomplishments are you most proud of in the last 5 years? Qualifying for the National USA Skimo Team

How/when did you start being an endurance athlete? Started running at a very young age

Favorite U.S. Skimo Race: The Five Peaks, Breckenridge

What are your nutrition principles?

Favorite training venue: Summit County Colorado Backcountry. Mt Baldy and Mt Royal

What are your favorite mantras during a race or hard workout? "Pain is weakness leaving the body"

What do you do in the summer to train for skimo: Cross Country Mountain Bike racing, Trail Running

Other than your race gear, what are three things you pack for racing trips? Foam rollers

What inspires you? Athletes that are faster than me.

What do you do to relax? Powder Skiing.

What else should we know about you? I love being outdoors.