

National Team Athlete Profile:

Name: Rush Peterson

Age: 14

Hometown: Brighton, UT

Sponsors: N/A

Website: N/A

Facebook Athlete Profile: N/A

Instagram: rush_peterson_

Home club/team: Silverfork Skimo Team

What racing accomplishments are you most proud of in the last 5 years? I am most proud of having the opportunity to be able to race for the National USA Skimo Team

How/when did you start being an endurance athlete? When I was 11 years old

Favorite U.S. Skimo Race: My favorite U.S. Skimo Race is the Heathen Challenge at Sunlight Ski Resort

What are your nutrition principles? Lots of peanut butter and bananas

Favorite training venue: Greens Basin, Big Cottonwood Canyon, UT

What are your favorite mantras during a race or hard workout? "Come on"

What do you do in the summer to train for skimo: Cross Country Mountain Bike racing

Other than your race gear, what are three things you pack for racing trips?

- 1) Slippers
- 2) A cozy hat
- 3) My favorite after race shoes

What inspires you? My coach inspires me to try my hardest whatever the situation.

What do you do to relax? Skiing and mountain biking help me relax by allowing me to forget any worry that I may have.

What else should we know about you? I have lived in the mountains my entire life and I am deeply connected with the outdoors. I enjoy participating in a variety of outdoor activities from fly fishing, to snowmobiling and everything in between. My partner in crime happens to be the fluffiest pup around and you can always expect to find us planning our next adventure.