

National Team Athlete Profile:



Name: Jack Linehan

Age: 28

Hometown: Aspen, CO

Sponsors: Eleven Experience, Douglas Elliman

Instagram: @jplinehan

Home club/team: Griggs Orthopedics

What racing accomplishments are you most proud of in the last 5 years?: 3rd at National Championships in the sprint in 2017, qualifying for the US National Team this year, racing the Grand Traverse with my good friend and former English teacher Pat O’neill!

How/when did you start being an endurance athlete?: I was a little guy - 7 years old and I had just seen the IMAX movie “Everest.” When we got home that night I poured water over our snowy back steps. The following morning I “scaled” the Khumbu-esque stairs using ice axes I fashioned from a couple of ski files. I knew I wanted to move quickly and gracefully when I grew up.

Favorite U.S. Skimo Race: Power of Four

What are your nutrition principles?: Dark chocolate is divine. But be careful. Its a slippery slope!

Favorite training venue: Ajax

What are your favorite mantras during a race or hard workout? “Go for broke!” “Today’s a good day to die!”

What do you do in the summer to train for skimo? Road racing, hiking up steep backcountry terrain, elk hunting with my brothers in the fall.

Other than your race gear, what are three things you pack for racing trips?

- 1) Novel**
- 2) Girlfriend**
- 3) Foam roller**

What inspires you? People who live their lives deliberately, and with a keen desire to learn, constantly.

What do you do to relax? I like to take epsom salt baths while reading/listening in another language (usually Italian or Spanish - but now I’m learning French!). One of my greatest joys in life is conversing on a deeper level in a foreign language.

What else should we know about you? The thing I am most proud of is my relationship with my younger brothers, Henry and Tommy. They are incredible dudes.